

Important Information about Zest: Killyclogher, Omagh. Co. Tyrone

First of all, we would like to take this opportunity to thank all the generous people of the area who have made it possible for us to deliver our services in the Killyclogher office. Your kindness and generosity are an example to all communities in taking responsibility for addressing the problems of self-harm and suicide. We are extremely grateful for this opportunity.

We, at Zest, believe it is important to point out that our office in Killyclogher is **a therapy centre and not a drop-in centre**. There are 2 reasons for this:

1. Firstly, and the most important reason, is **confidentiality**. It is essential that all our clients feel safe and that their meetings with us for counselling remain private. This would be very difficult to guarantee if the office was open to the general public on a drop-in basis.
2. Secondly, due to the size of the unit, we are only able to accommodate a small number of people at any given time.

However, we can overcome these difficulties. If anyone who wishes to make enquiries for information or who would like to be seen for support, you can telephone the Derry office on 028 71 266999 an appointment will be given to be seen in Killyclogher. You may also call into the Killyclogher office on **Friday mornings between 10.30am and 1.30pm** to talk to a staff member. We can also arrange to meet small groups at any time, outside of the therapy times.

We currently have 4 counsellors seeing clients in Killyclogher, 2 counsellors on Wednesdays and 2 on Thursdays (from 9.00am – 4.00pm each day). In the 4 months, since July 1st, when we opened the office, we have seen 35 clients and are currently seeing another 18 from Omagh and the surrounding district. This demonstrates the huge need that exists in the area. We would not have been able to see most of these clients if it weren't for your generosity and support.

A final part of our responsibility is to ensure that we don't overspend and have to close down after a period of time, so it essential that we grow slowly and manage the finances involved wisely.

To arrange an appointment for Omagh Killyclogher telephone our main office on: **028 71 266999** and an appointment will be arranged to see you.

We have also decided to open the Killyclogher office **on Friday Mornings 10.30am – 1.30pm** for anyone to come along to make an appointment or to see the centre and find out about our work.

We apologise for any inconvenience this may cause or any misunderstanding as to the nature of the centre, i.e. drop-in, but we hope you will understand the difficulty in having an open-door policy and we thank you sincerely for your ongoing support with this work.

